
OCD New Jersey is committed to the International OCD Foundation's (IOCDF) goals of educating the community about Obsessive Compulsive Disorder (OCD), offering support to sufferers and their families, and supporting research.

This program is co-sponsored by NJPA and OCD New Jersey. NJPA is approved by the American Psychological Association to sponsor continuing education for psychologists. NJPA maintains responsibility for this program and its content.

This program has been approved by NJPA for 4 CE credits for psychologists.

CEU Credits for Social Workers and CEH Credits for Educators, pending approval of the NJ State Board of Social Work Examiners and NJ Department of Education.

OCD NJ
60 Mac Afee Road
Somerset, NJ 08873-2951



New Jersey
IOCDF affiliate

presents our
12th Annual Conference...

**“The Greater Good
Perspective Shift -
A ‘Field-Tested’ Approach to
OCD Treatment Motivation”**

A Interactive Multimedia Presentation

by
**Jeff Bell, IOCDF Spokesperson
&
Allen H. Weg, Ed.D.**

plus
“Living with OCD” Panel
with those who deal with OCD every day

Sunday, October 23, 2011
Doubletree Hotel, Somerset, NJ

For More Information Go To:
WWW.OCDNJ.ORG

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OCD NJ

OCD New Jersey is a nonprofit organization sanctioned by the International OCD Foundation. We are committed to the national OCF goals of educating the community about Obsessive Compulsive Disorder (OCD), offering support to sufferers and their families, and supporting research. Members include mental health professionals as well as OCD sufferers, their families, and friends.

We publish a quarterly newsletter and have quarterly meetings which feature OCD experts as guest speakers. Visit our website at www.njocf.org for additional information about our dynamic and growing organization.

PROGRAM

This program is designed for both professionals and non-professionals. During a full brunch Dr. Weg and Mr. Bell will present, "The Greater Good Perspective Shift-A 'Field-Tested' Approach to OCD Treatment Motivation." In this interactive, multimedia presentation, Mr. Bell shares the groundbreaking motivation strategy he developed--out of sheer necessity during his own treatment--for consumers like himself facing the rigors of exposure/response-prevention therapy. At the same time, Dr. Weg will provide the clinical analysis of the material being reviewed by Mr. Bell. As countless therapists and consumers across the country have learned through Bell's books and workshops, one simple "cognitive shift" technique can make all the difference between consumer overload and successful CBT/ERP treatment.

The second part of the program, entitled, "Living with OCD," will consist of a panel of those affected by OCD, who will each briefly speak about their experiences and then take questions from the audience attendees. This will be moderated by Dr. Weg.

OUR PRESENTERS

Jeff Bell is the news anchor/reporter for KCBS Radio (CBS/San Francisco) and national spokesperson, member of the Speaker's Bureau and member on the board of directors for the International OCD Foundation. He has authored, "When in Doubt, Make Belief: An OCD-Inspired Approach to Living with Uncertainty (New World Library, 2009) and, "Rewind, Replay, Repeat: A Memoir of Obsessive-Compulsive Disorder (Hazelden, 2007). He is the recipient of the 2007 National Edward R. Murrow Award / Radio-Television News Directors Association and the 2007 National Forwards Award / Mental Health America.

Allen H. Weg, Ed.D. is one of the co-founders and Vice President on the Board of Directors of OCD NJ. He is author of "OCD Treatment Through Storytelling: A Strategy for Successful Therapy," (Oxford University Press, 2010) and is on the Scientific Advisory Board of the International OCD Foundation. He is also Founder and Director of Stress & Anxiety Services of NJ, a clinical practice in East Brunswick specializing in the treatment of OCD.

SCHEDULE

10:00 - 10:30	Registration, Brunch opens
10:30 - 10:45	Welcoming Remarks, Ina Spero, OCD NJ President
10:45 - 1:45	Mr. Bell's and Dr. Weg's Presentation (includes break times)
1:45-2:55	"Living with OCD" Panel, Dr. Allen H. Weg, Moderator
2:55- 3:00	Closing Remarks - Ina Spero

REGISTRATION FORM

Advance Registration (before 10/15/11) - \$85

Late/On-Site Registration - \$95

CEU Credits - Advance Registration - \$95

CEU Credits - Late/On-Site Registration - \$105

Student Fee (full-time with proper I.D.) - \$50

Includes full brunch • Kosher meals available with advance registration only • No confirmation of registration will be sent

Name _____

Organization _____

Address _____

City/State/Zip _____

Daytime phone: () _____

E-mail _____

Mail checks payable to: OCD NJ
60 MacAfee Road, Somerset, NJ 08873
Questions: Call Ina Spero (732) 828-0099

Or register online as of 9/20/11: www.ocdnj.org

For Credit Card Payments: Visa Mastercard

Name: _____

Card # _____

Expiration Date _____

Signature _____

DIRECTIONS

Doubletree Hotel
200 Atrium Avenue, Somerset, NJ 08873
Phone: (732) 469-2600

From Route 287 - Traveling North:

Take exit 10 (Rte. 527). Follow Route 527 North to the first traffic light and make a left onto Davidson Avenue. Then make a left onto Atrium Avenue.

From Route 287 - Traveling South:

Take exit 10 (Rte. 527). At the bottom of the exit ramp, get immediately into the left lane, and make a left hand turn. Once you have turned left, go straight (bearing to your right - 527 North) to the first traffic light, and make a left onto Davidson Avenue. Then make a left onto Atrium Avenue.

From NJ Turnpike:

Take Exit 10 to Route 287 North directions above.

From Garden State Parkway:

Take Exit 129 to Route 287 North directions above.
